



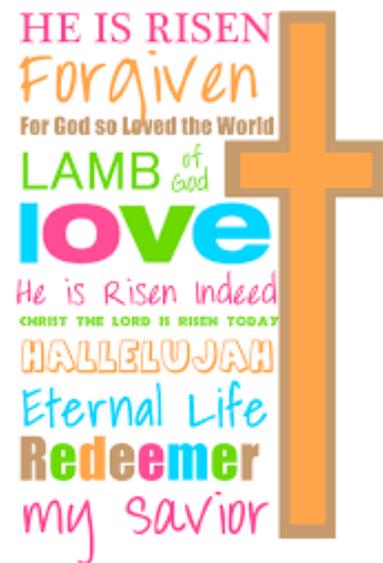
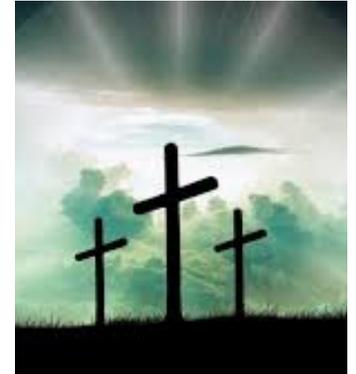
Our mission is to: Come alongside senior adults in a dynamic season of life to provide friendship, laughter, spiritual care and a great lunch.

# Lent

We are in the season of Lent. The word Lent comes from the Anglo Saxon word, 'lencten' which means Spring. It is the time between Ash Wednesday and Easter, when those who revere Christ take time in reflection, fasting, confession and meditation on the scriptures as a way of preparing oneself for Easter. The celebration of the resurrection is very important, and we want to be ready to fully appreciate what has been done on behalf of all humanity. In the foyer of the church, we have booklets that are designed to help you think through some ideas leading up to Easter.\*

Also, in a curious happenstance, Ash Wednesday was on Valentine's Day and Easter is on April Fool's Day! The sacred and the secular come together in meaningful and humorous ways. I pray all of us take time considering why the church considers Lent to be an important season in the year and thinking through what Easter means to us. May the Lord continue to reveal Himself to us as we seek Him in the season of Lent.

\*Please note we will be celebrating our Easter luncheon this year on the Thursday after the holiday: April 5th.



R X M T I E T D I E N I V E U R T E H T A B  
 R D A F R M F E R E H T U R T E H T O L K I  
 R E I D U U A I H O C L B I H E L H B I H E  
 D A L V N M E G L P W A O Y S D C T P O I F  
 R S B A A P I L E E O E E R E O O S L N G I  
 O A G B E D D G I O H R H P L G U I U O H L  
 L R E L I H F R H G F T P T F F N R F F P F  
 E G D U J S U O E T H G I R E O S H R J R O  
 R U V P N Y A O N H Y T O A M B E C E U I D  
 E M E S S I A H T O P G O D A M L C D D E A  
 T L R E D E E M E R S E O Z C A O Y N A S E  
 A I S O N O F M A N C N H D E L R F O I T R  
 W G I L H O L Y O N E K O S B X C A W U R B  
 G H F T N E V A E H M O R F D A E R B T D P  
 N T L E U N A M M I U J P P R O U H N A E Y  
 I O W H R S O N O F G O D K O V O W B X L H  
 V F M O O R G E D I R B L A W D W G K Z I T  
 I W T W C O I A L P H A A N D O M E G A V R  
 L O S G N I K F O G N I K I V Z R A F M E O  
 B R R V Q D V T R N O S D E V O L E B X R W  
 E L H M T H E W A Y D O B E H T F O D A E H  
 Q D O U R P A S S O V E R R O I V A S K R N

- ALPHAANDOMEGA
- BELOVEDSON
- BREADFROMHEAVEN
- BREADOFLIFE
- BRIDEGROOM
- CHRIST
- COUNSELOR
- DELIVERER
- GOODSHEPHERD
- HEADOFTHEBODY
- HEALER
- HIGHPRIEST
- HOLYONE
- IAM
- IMAGEOFGOD
- IMMANUEL
- KINGOFKINGS
- LAMBOFGOD
- LIGHTOFWORLD
- LIONOFJUDA
- LIVINGWATER
- LORD
- MESSIAH
- MIGHTYGOD
- OURPASSOVER
- PRINCEOFPEACE
- PROPHET
- RABBI
- REDEEMER
- RIGHTEOUSJUDGE
- SAVIOR
- SONOFDAVID
- SONOFGOD
- SONOFMAN
- THELIFE
- THETRUEVINE
- THETRUTH
- THEWAY
- THEWORD
- TRUELIGHT
- WONDERFUL
- WORDBECAMEFLESH
- WORTHY

Since we are celebrating Jesus' resurrection this month, I thought it would be appropriate to have a word search of His Names.



And you thought I'd forgotten one of Pastor Colleen's favorite holidays! Never!!

The Lunch Bunch! 11am-1pm

## Lunch Time!

**Thursday, March 1st**

We so enjoyed the presentation by **Brent Winebrenner** on **Guatemala** last month. Brent has made a beautiful movie about this amazing country. He showed us the first half and on this day, we will view the second part. Because Brent will be out of town, his wife **Lisa** will come and answer questions. In addition to traveling to Guatemala with Brent, she is one of our former senior lunch volunteers, who came faithfully on her lunch hour for years. You will enjoy this movie very much. For lunch, we will serve a delicious meal from the southern part of the country: pulled pork sandwiches, coleslaw, potato salad and sweet tea. All are welcome!

**Thursday, March 15th**

It's **St. Patrick's Day!** We are going to have a wonderful time with a fun musical program with our own volunteer Jean Browne! She will play some Irish tunes, as well as some other favorites. We look forward to allowing the music to lift our spirits as we sing along. Please come wearing the green! For lunch, we will be having the traditional fare: Corned beef and cabbage, potatoes, carrots and a lovely dessert. Invite a friend!



Tenebrae (Good Friday) Service:  
March 30, 7:30pm, Sanctuary



Kids' Easter Egg Hunt: March 31,  
9:00am, La Mesa Park



Easter Sunrise Service: April 1,  
6:00am, Leadbetter Picnic Area



Easter Worship Services:  
8, 9:30, & 11am, Sanctuary

**Please** remember to NOT walk through the preschool area. This is for state regulations for our school and also for your own safety, as there are toys and trip hazards down there we want you to avoid.

Thank you!

*This Ministry Sponsored by*

Cliff Drive Care Center  
The Balin Trust

Santa Barbara Free Methodist Church  
Friends of Senior Lunch

Thank you!

## A Lexophile\* NY Times contest

No matter how much you push the envelope, it'll still be stationery.

If you don't pay your exorcist you can get repossessed.

I'm reading a book about anti-gravity. I just can't put it down.

I didn't like my beard at first. Then it grew on me.

Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?

When you get a bladder infection, urine trouble

When chemists die, they barium.

I stayed up all night to see where the sun went, and then it dawned on me.

I changed my iPod's name to Titanic. It's syncing now.

England has no kidney bank, but it does have a Liverpool.

Haunted French pancakes give me the crepes.

This girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.

I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.

A thief who stole a calendar got twelve months.

When the smog lifts in Los Angeles, U.C.L.A.

**PUN  
ZONE**



I got some batteries that were given out free of charge.

A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

With her marriage, she got a new name and a dress.

Police were summoned to a daycare center where a three-year-old was resisting a rest.

Did you hear about the fellow whose entire left side was cut off? He's all right now.

A bicycle can't stand alone; it's just two tired.

The guy who fell onto an upholstery machine last week is now fully recovered.

He had a photographic memory but it was never fully developed.

When she saw her first strands of gray hair she thought she'd dye.

Acupuncture is a jab well done. That's the point of it.

Those who get too big for their pants will be totally exposed in the end.

\*A "lexophile" is one who has a love of words and word play -- for example, phrases such as "you can tune a piano, but you can't tuna fish", or "To write with a broken pencil is pointless." Supposedly an annual competition is held by the New York Times to see who can create the best original plays on words. However, I was unable to document this. But these phrases written by lexophiles are fun to read anyhow!