

Our mission is to: Come alongside senior adults in a dynamic season of life to provide friendship, laughter, spiritual care and a great lunch.

hAPPY tHANKSgiving



Give thanks to the LORD, for He is good;

His love endures forever.

Psalm 118:29

I recently read an article in a mental health journal about the problem of over-emphasizing gratitude. The author struggles with depression, as many do, and was arguing that sometimes we need to hold sadness and gratefulness in the same hands. This is a tension sometimes we all understand that we carry in life: when we hold negative and positive emotions together, because both are simultaneously true. It isn't healthy to deny one completely over the other. Much of life can be bittersweet. The main point being made was to not let people shame you into being grateful when you are not, because some days, counting your blessings is impossible.

I don't argue the point at all. However another way to think about this, as we acknowledge both our glad and struggling hearts, is to remember how God is with us. No matter how alone we feel, Jesus is always present. Even when we are in deep grief, it is so important for us to remember how precious we are to the Lord, who has promised to always walk with us. This is more than just being overly positive. It is anchoring our souls in the One who created us, who knows our name and all we are carrying, and who calls us His beloved. In this, we rejoice. As we hold all kinds of emotions in this month of intentional gratefulness, may the Savior speak words of life and assurance to each of us. . . and may we be thankful for our eternal and loving God.

~Pastor Colleen

In all things, give THANKS!

1Thessalonians 5: 18



Lunch Bunch!**Thursday, November 2**

Our creative and talented friend, Gem Fiedtkou, is coming to share her musicality with us on this day. Gem is a warm and wonderful artist, who enjoys having others join her in singing. For lunch, we will be serving a delightful meatloaf with loaded baked potatoes, and fall vegetables. We hope to see you on this first Thursday of the month!

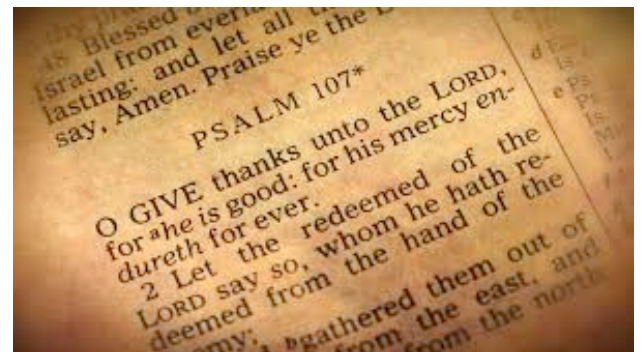
Thursday, November 16th

We are excited for this day when we celebrate Thankfulness to the Lord for who He is and the gifts He gives us. Pastor Colleen will be speaking (I promise!) about the healing of the 10 lepers, as we talk about what gratefulness is in the Kingdom of God. For lunch, we will serve all the dishes you love: turkey, stuffing, cranberries, mashed potatoes, yams, and a delightful fall dessert. Who can you invite to join you?



**All Church Thanksgiving
Worship Service and Dinner
On Sunday, November 19th,**

everyone is invited to come to church outside under the tent as we gather together for worship as well as a delicious Thanksgiving feast. The worship begins at 10:00am, with lunch directly afterwards. We will provide the main dishes. If you want to join us, we would love to have you!



10 Rules for Happier Living

1. Give something away -- no strings attached.
2. Do a kindness -- and forget it.
3. Spend a few minutes with the aged -- their experience is priceless guidance.
4. Look intently into the face of a baby -- and marvel.
5. Laugh often --- it's life's lubricant.
6. Give thanks -- a thousand times a day is not enough.
7. Pray -- or you will lose your way.
8. Work -- with vim and vigor.
9. Plan as though you'll live forever -- because you will.
10. Live as though you'll die tomorrow -- because you will, on some tomorrow.

Author unknown (Compliments of Syd Bush)



November: a month of thankful thoughts



THIS IS MY WISH FOR YOU

Comfort on difficult days,
 smiles when sadness intrudes,
 rainbows to follow the clouds,
 laughter to kiss your lips,
 sunsets to warm your heart,
 hugs when spirits sag,
 beauty for your eyes to see,
 friendships to brighten your being,
 faith so that you can believe,
 confidence for when you doubt,
 courage to know yourself,
 patience to accept the truth,
 Love to complete your life."

- Ralph Waldo Emerson -

THANKSGIVING FUN!



- ACORNS
- AMERICA
- APPLE PIE
- AUTUMN
- BLESSINGS
- CANDY CORN
- CARROT CAKE
- CARVE
- CIDER
- COLONISTS
- CORN BREAD
- CRANBERRIES
- DINNER
- DRUMSTICK



- FALL
- FAMILY
- FOOTBALL
- FRIENDS
- GRANDPARENTS
- GRAVY
- GUESTS
- HAM
- HARVEST
- LEAVES
- MAIZE
- MAYFLOWER
- NAP
- NAPKINS



- NATIVE AMERICANS
- NOVEMBER
- PARADES
- PILGRIMS
- PLYMOUTH ROCK
- PUMPKIN PIE
- ROLLS
- SQUASH
- STUFFING
- THANKSGIVING
- TURKEY
- WISHBONE



Rejoice always,
Pray continually,
Give thanks in all circumstances;
 for this is God's will for you in Christ Jesus.

1 Thessalonians 5: 16-18



This Ministry is Sponsored by:

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Thank you!