



Hello, Beloved Friends!

In the latest study called "The New Age of Aging, where they did a nationally representative survey of over 2,000 adults, most over the age of 50, researchers found pivotal insights as to what the future will look like. They had five key insights:

1. The demographic makeup of the U.S. is turning upside down as older adults will soon outnumber youth under 18 for the first time in our history.
2. The definition of "old" has been pushed back by twenty years, driven by a new breed of older adults.
3. Seventy-one percent of today's modern elders, adults 65+, say the best time of their life is right now or in front of them.
4. We need to re-imagine purposeful roles for older adults, as 83% of adults 65+ say it's more important to feel "useful" rather than "youthful" in their retirement years.
5. There is a need and desire to better match our health spans to our lifespans; 71% of adults over the age of 50 say they'd take a pill that would give them an extra 50 healthy years.

I am unsure what you think about all of this, but it is a report about all of you (and me too, now!). It is good for us to see the trends and to hope seniors are well cared for now and in the future. I think it is also good for us to remember we are eternal creatures, made for so much more than this. I love how most seniors believe this is the best time of their life and know they have more to look forward to in life! However would you take a pill if you could have 50 extra healthy years? The older I get, the more ready I am to go to a better place in the presence of the Savior. Let's keep talking about these things!

It's September. Time to fire up the oven! Hope to connect with all of you in meaningful ways this year.

~Pastor Colleen





Thursday, September 7th:

A great speaker today will present a talk on: **"From Shekels to Satoshi: Cryptocurrency, Faith, and the Future of Finance."** Join us on September 7 as we welcome Computer Science Professor and entrepreneur, **Dr. Don Patterson**. Known for his work in the sphere of cryptocurrency and for combating money laundering within it, Dr. Patterson will guide us through an insightful exploration of the revolutionary shift we're currently witnessing in the financial world - the transition from traditional, state-backed currency to the new frontier of decentralized cryptocurrencies.

This engaging discussion will demystify the complexities of cryptocurrency, providing clear explanations about its workings, and critically examining its validity as 'money' as we traditionally understand it. As believers, we know the Bible offers extensive teachings on money, making it essential for us to comprehend how this transition impacts our relationship with God, our church community, and our neighbors. Blending the spheres of technology, finance, and theology, this talk promises an enriching dialogue on our faith within this digital era. We invite you to an afternoon of learning and enlightening conversation as we navigate this new financial landscape together, rooted firmly in our faith.

For our noon meal, we will serve a delightful salmon with nasturtium sauce, Caprese salad, and french potato salad.

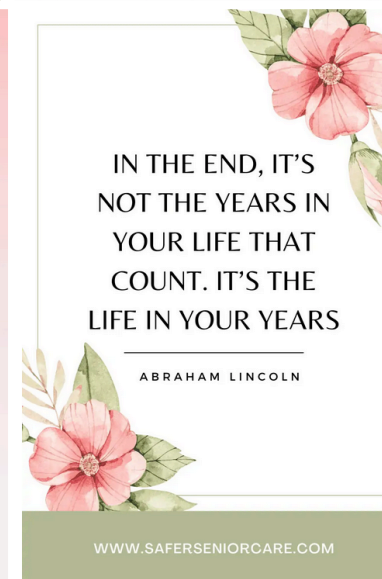
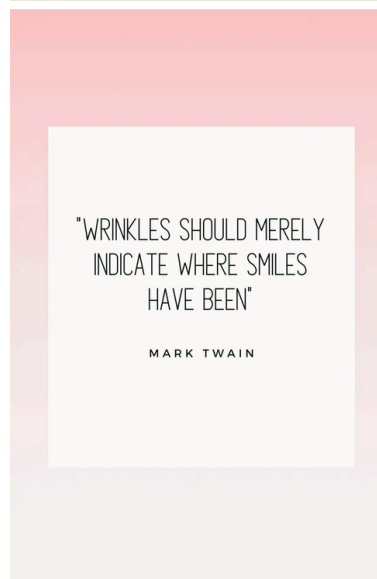
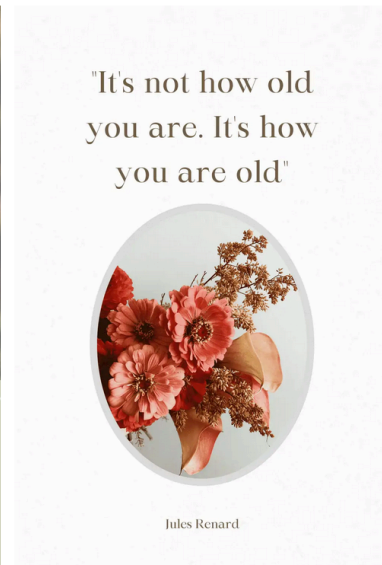
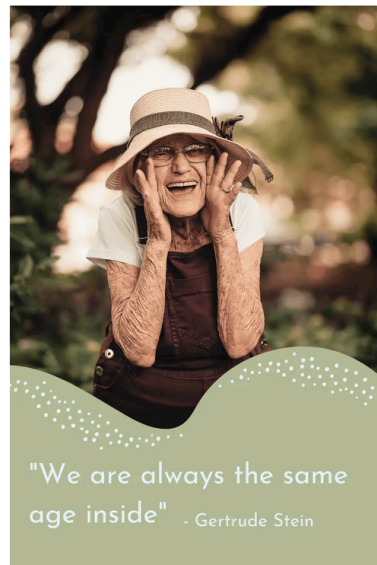
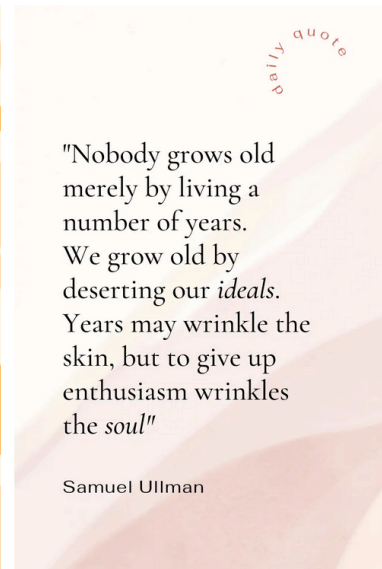
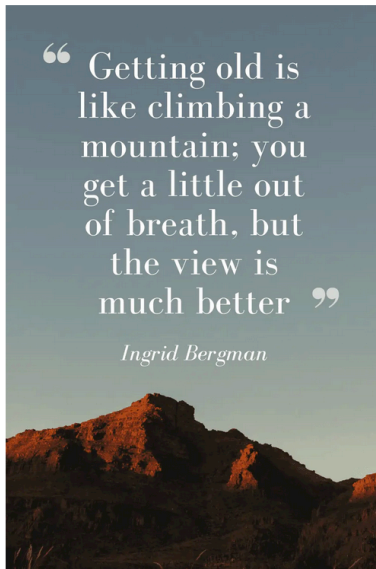
Thursday, September 21st:

This year for our spiritual emphasis, we will be delving into the topic of **"The Kingdom of God."** Many people don't realize what a vital topic this is in the Bible. As such, it has great importance for our lives. Today, **Pastor Colleen** will be giving an overview of the Kingdom and talking about underpinnings in scripture, as well as highlighting why a discussion about the Kingdom even matters. Please come, bring your questions and add your voice to what it means to live in a world of God's making. For lunch, quite unplanned, we are serving KING Ranch Chicken! Ha! Alongside this favorite casserole will be refried beans and a yummy Mexican caesar salad. We hope to see you there!

Uplifting Conversations, Delectable Food, Fun! 11am-1pm

These unique quotes are from this website:

<https://saferseniorecare.com/uplifting-inspirational-quotes-for-elderly/>



Here's a Fun Word Search that Will Get You Thinking of the Sights and Smells of Fall



- ACORN
- APPLE CIDER
- APPLE PIE
- AUTUMN
- BLESSINGS
- BONFIRE
- BROWN
- CARAMEL APPLES
- COOL
- CORN
- CORN MAZE
- CRISP
- CROW
- DESSERT
- FAMILY
- FEAST
- FESTIVAL
- FOOD
- FOOTBALL
- FREINDS
- GOURD
- HARVEST
- HAYRIDE
- HOT CHOCOLATE
- JACKET
- LEAVES
- MEMORIES
- NOVEMBER
- ORANGE
- OWL
- PECAN PIE
- POTATO
- PRAYER
- PUMPKIN

- RAKE
- RED
- REDDISH BROWN
- SLEEP
- SQUIRELL
- SWEATERS
- SWEATSHIRT
- THANKFUL



- THANKFULNESS
- THANKSGIVING
- TRADITION
- TREES
- TURKEY
- WHEAT
- WIND
- YELLOW



The word "squirrel" is misspelled in this word search, but I had to leave it that way or you wouldn't have been able to find it.

This Ministry is Sponsored by: **Cliff Drive Care Center**
Free Methodist Church of Santa Barbara And many generous donors
 Thank you!